INDEPENDANT ACTIVITIES OF DAILY LIVING (IADL'S)

NAME: _____   **Date** _____

A) ABILITIY TO USE TELEPHONE

Operates telephone on own initiative; looks up and dials numbers, etc.	1
Dials a few well-known numbers	1
Answers telephone but does not dial	1
Does not use telephone at all	0

B) SHOPPING

Takes care of all shopping needs independently	1
Shops independently for small purchases	0
Needs to be accompanied on any shopping trip.	0
Completely unable to shop.	0

C) FOOD PREPERATION

Plans, prepares and serves adequate meals independently	1
Prepares adequate meals if supplied with ingredients	0
Heats, serves and prepares meals or prepares meals but does not maintain adequate diet.	0
Needs to have meals prepared and served.	0

D) HOUSEKEEPING

Maintains house alone or with occasional assistance (e.g. "heavy work domestic help")	1
Performs light daily tasks such as dishwashing, bed making	1
Performs light daily tasks but cannot maintain acceptable level of cleanliness.	1
Needs help with all home maintenance tasks.	1
Does not participate in any housekeeping tasks.	0

E) LAUNDRY

Does personal laundry completely	1
Launders small items; rinses stockings, etc.	1
All laundry must be done by others.	0

F) MODE OF TRANSPORTATION

Travels independently on public transportation or drives own car.	1
Arranges own travel via taxi, but does not otherwise use public transportation.	1
Travels on public transportation when accompanied by another.	1
Travel limited to taxi or automobile with assistance of another.	1
Does not travel at all.	0

G) RESPONSIBLE FOR OWN MEDICATIONS

Is responsible for taking medication in correct dosages at correct time.	1
Takes responsibility if medication is prepared in advance in separate dosage.	0
Is not capable of dispensing own medication.	0

H) ABILITY TO HANDLE FINANCES

Manages financial matters independently (budgets, writes checks, pays rent, bills goes to bank), collects and keeps track of income.	1
Manages day-to-day purchases, but needs help with banking, major purchases, etc.	1
Incapable if handling money.	0

GRAND TOTAL	